



MAN **MOMENT**
UP **MOMENT**

RADIO SPOTS

TRANSCRIPT



My brothers, did you know that you're a generational being?

Listen to this passage from Exodus 20:5-6

“You shall not bow down to them or serve them, for I the Lord your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation of those who hate me, (6) but showing steadfast love to thousands of those who love me and keep my commandments.”

In your God ordained genetic code, in your make up, and the person you are, is the power to affect the future. You have reach; you have sway, and a huge influence on future events. You are an impacting, imparting force to be reckoned with! The way you live your life today produces a chain reaction that affects the generational landscape of your family.

That's generational power— making our “now” matter for the future. Intentionally living, purposely loving, every single moment we carry breath in our lungs. It's not just about raising children but lifting the eyes of sons and daughters to see all God has for them.

I remind you, I encourage you...you are the man for the job, you have what it takes because you have the Father...and He has you.

God Bless and see you next time! Meanwhile, please visit Strategicfathering.com for more.

Jay Cookingham

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ManUp Moment is a daily two-minute radio broadcast dedicated to encouraging men. Husband of one and father of seven, host Jay Cookingham offers Christian insight on marriage, parenting and other family topics. Challenging, thought provoking and mixed with a sense of humor, it's a two-minute shot of encouragement.



JAY COOKINGHAM

About Me

My wife Christine and I have been happily married for 30 years and have seven (yes seven) children. I am passionate about my relationships, with God and my family, they are the fuel for my creativity and the drive to finish strong.

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