



MAN **MOMENT**
UP **MOMENT**

RADIO SPOTS

TRANSCRIPT



Do you believe in miracles?

*“Remember the miracles he performed, the amazing things he did, and the judgments he pronounced.”
Psalm 105:5*

The dictionary definition of miracle is a little cold...

The effect or extraordinary event in the physical world that surpasses all known human or natural powers and is ascribed to a supernatural cause.

To me the definition of miracle is warmer...it's the way God moves through our lives. Here is a short list of miracles in my life.

It is a miracle Father God loves me...

It is a miracle my wife loves being married to me...

It is a miracle that my kids think I'm a great dad...

It is a miracle that I have totally awesome friends...

These are genuine miracles...things I contribute to, work on, but can not make happen. They are the result of a God who loves me and desires to rock my world with His presence. These miracles are

God moments, holy reflections of His grace and purpose for my life. My participation is part wonder and worship...recognizing and acknowledging the personal touch of God.

“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.” ~ Albert Einstein

I'm wondering...what miracles do you see?

God Bless and see you next time!

Jay Cookingham

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ManUp Moment is a daily two-minute radio broadcast dedicated to encouraging men. Husband of one and father of seven, host Jay Cookingham offers Christian insight on marriage, parenting and other family topics. Challenging, thought provoking and mixed with a sense of humor, it's a two-minute shot of encouragement.



JAY COOKINGHAM

About Me

My wife Christine and I have been happily married for 30 years and have seven (yes seven) children. I am passionate about my relationships, with God and my family, they are the fuel for my creativity and the drive to finish strong.

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